

# Welcome to OUR LADY OF LOURDES PARISH

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Priest in Residence - Rev John Quinlan

Parish Office Hours: Monday-Friday 9:00am - 1:00pm

Pastoral Coordinator: Jenny Ferguson Email: [olol.pastoralcoordinator@gmail.com](mailto:olol.pastoralcoordinator@gmail.com)

Reconciliation: Saturday 4.45pm

Mass times: Saturday: 6:00pm Vigil | Sunday: 9.30am & 5.30pm

weekday masses - Tuesday, Wednesday & Thursday 10am

Primary School: e: [lourdes@twb.catholic.edu.au](mailto:lourdes@twb.catholic.edu.au) | p: 4591 1200

<https://www.ololtwb.catholic.edu.au>



We would like to acknowledge the Giabal and Jarowair peoples, Traditional Owners of this land and pay our respects to their Elders past and present.

**Sunday, 4<sup>th</sup> August 2024**

**18<sup>th</sup> Sunday in Ordinary Time - Year B**

## First Reading

[Exodus 16:2-4](#)

A reading from the book of Exodus

*I will rain bread from heaven upon you.*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## Responsorial Psalm

[Ps 77:3-4. 23-25.54. R. v.24](#)

(R). The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. (R)

2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. (R.)

3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. (R.)

## Second Reading

[Ephesians 4:17, 20-24](#)

A reading from the letter of St Paul to the Ephesians.

*Put on the new person that has been created in God's image.*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth..

## Gospel Acclamation

[Matthew 4:4](#)

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

## Gospel

[John 6:24-35](#)

A Reading from the holy Gospel according to John

*Whoever comes to me will never be hungry; whoever believes in me will never thirst.*

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

Next Week's Readings (10<sup>th</sup>/11<sup>th</sup> August 2024) – 19<sup>th</sup> Sunday in Ordinary Time – Year B  
1st Reading: [1 Kings 19:4-8](#) 2nd Reading: [Ephesians 4:30 – 5:2](#) Gospel: [John 6:41-51](#)

## Parish Activities

**ANAM CARA** – Wednesday 9.00am in the Presbytery

**BAPTISM** information nights are held on the 1st Wednesday of the month. Please phone the office if you wish to attend.

**CHILDREN'S LITURGY** - 9.30AM Mass (except school holidays) for children in Prep - Yr 4.

**CRAFT & FRIENDSHIP GROUP** - meet every Thursday at 10:30am in the quiet room at the church.

**ECUMENISM GROUP** - meet the 4th Saturday of each month at 9:30am in the Children's Liturgy Room followed by a cuppa.

**LITURGY GROUP** - meet every 4th Monday of the month at 1:00pm in the Quiet Room.

**LOURDES PRAYER GROUP** - meet after the 10am Mass every Tuesday.

**PARISH PASTORAL COUNCIL** – meet the 1st Monday of each month at 6.30pm in the Quiet Room.

**SOCIAL JUSTICE** - meet 1st Sunday of the month at 10:30am in the quiet room of the Church.

**ST VINCENT DE PAUL** - meet on the 2nd and 4th Thursday afternoons in the quiet room at the church at 2pm.

## Parish Councillors

Jo Johnston, Ray Johnston, Bernadette Witham, Emma Dever, Melissa McLean, Julie Whittaker, Peter Castles, Georgina Humphrys, Brandon Joesph, Clare Watson

## Safeguarding Children, Young People and Adults at risk:

In Our Lady of Lourdes Parish, we commit ourselves to ensuring the safety and well-being of children, young people and adults at risk in our Parish community. The best interests of the child, young person or adult at risk come first.

Our Parish takes a zero tolerance approach to all forms of abuse. Concerns about the safety of children, young people and adults at risk may be raised with our Parish Safeguarding Representatives (**0437 839 838**). If you believe anybody is at immediate risk of harm you should phone 000. You are encouraged to provide feedback on Safeguarding policies and procedures.

**Toowoomba Diocese Safeguarding Resources** can be found at <https://www.twb.catholic.org.au/safeguarding-policy-resources/>

## Living the Gospel

### The Body of Christ

*Christ is present in the Eucharist in many forms: in the people gathered; in the celebrating priest; in the Word proclaimed; and in the consecrated bread and wine – the Body and Blood of Christ. In relation to receiving Christ through the reception of communion, St Augustine wrote, 'Be what you see, and receive what you are.' We not only receive the Body of Christ through Eucharist, we are called to be the Body of Christ because of what we have received; and we receive the Body of Christ because we are already part of the Body of Christ.*

## Sunday Reflection...

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In many ways the Exodus story of the bread from heaven is very similar to last Sunday's accounts. However, the focus today is not divine prodigality shown through the overabundance of food, but total dependence on God. The bread comes from heaven, not merely because the food seems to come down from the sky, but because it comes from God. The restriction about collecting it was meant to emphasise this point. Our survival is in God's hands, not ours. Jesus insists that he is the true bread from heaven; he is the real basis of our survival. The people followed him because they saw him as a source of bread; they did not realise that he is really the source of life. If we fill ourselves with all that the world provides as nourishment we will still hunger. Only faith in Jesus can satisfy our deepest hungers, and we will not be able to survive apart from him. Acceptance of Jesus as the source of our life and the very nourishment of our spirits effects a total transformation in us. We will no longer be content to live with full bellies but empty minds. We will put aside our old selves steeped in ignorance and self-interest and put on a new self, created in his image. Having fed on the bread from heaven, we will be mysteriously transformed into it. The spirit of our minds will be renewed by his teaching. As a result, we will be able to launch out into a way of living that witnesses to our new understanding, our new life.

## Scriptural Context

### Bread that endures

*Jesus says, 'Do not work for food that cannot last, but work for food that endures to eternal life.' The reference to food that cannot last relates to today's first reading about manna. In the full account of Exodus 16 you will see that the manna that fell on the first five days had become rotten by the next day and could not be eaten. However, the manna that fell on the sixth day was 'food that endures' so that it could be eaten the next day – the Sabbath day, when the work of gathering the manna was not allowed.*

## Historical Context

### Bread

*For thousands of years, bread has been a staple part of the human diet in many cultures. It is no accident that the image of Jesus as bread makes such a significant appearance in the gospel of John. For the Jews, like other Ancient Near Eastern cultures, bread was a vital mainstay of their diet. In the Bible, the word 'bread' often simply means all food – it was that important! For many, regular access to bread did equate to life. Bread also played a crucial role in religious practices, especially the Passover meal.*

## Thought of the day.....

**WHEN IT FEELS LIKE A FRIDAY**



**BUT IT'S ONLY THURSDAY**

## Please Pray For...

**Recent Deaths:** Elizabeth Howell (Mother of Bishop Ken Howell)

**Anniversaries:** Brian Graham, Cec Curr, Ron Green, Tom Arnell, Veronica Pauli, Lesley Golightly, Annie Mary Kruger, Eileen Ryan, Fr Peter Schultz, Fr Mark Cosgrove

**Those Who Are Sick:** Van Vu, Bev Brown, Eileen Reedy, Robert McLean, Kevin Arnott, Con Sullivan, Carmel Green, Ernie Kupfer, Jasmine Fletcher, Margaret Conrick, Hazel Soriano, Tim & Olivia Zvirblis, Audrey Bentley, Yvonne Oliveiro, Gregory and Genia Casey, Noel Lipp, Michael (Micky) Lynch, Kevin Boland, Frank Kenneally, Carmel & Ron O'Brien, Lillian Roberts, Brian Thomson, Peggy Thies, John Axtell, Noel O'Mara, Mick O'Mara, Patrick Wright

**August Birthdays:** Maria Morcom, Ashley Coonan, Sr Mary Cleary, Joan MacGinley, Terry McGovern, Ros Coonan, Pat O'Sullivan, Abbie Jones, Simon Ferguson, Sarah Kelly

## Parish News...

Sat 3/8	<ul style="list-style-type: none"> <li>o 4.45pm Reconciliation</li> <li>o <b>6.00pm Mass</b></li> </ul>
Sun 4/8	<ul style="list-style-type: none"> <li>o <b>9.30am Mass including Children's Liturgy</b></li> <li>o 4.00pm JAM Session</li> <li>o <b>5.30pm Mass</b></li> </ul>
Mon 5/8	<ul style="list-style-type: none"> <li>o 6.30pm Parish Council Meeting in Quiet Room</li> </ul>
Tue 6/8	<ul style="list-style-type: none"> <li>o <b>10am Mass (Transfiguration of the Lord)</b></li> <li>o 10.30am Prayer Group in Quiet Room</li> <li>o Glenvale Villas Visitation</li> </ul>
Wed 7/8	<ul style="list-style-type: none"> <li>o 9am Anam Cara in the Presbytery</li> <li>o <b>10am Mass</b></li> <li>o 6.30pm SPRED</li> <li>o 7.00pm Baptism Information Session</li> </ul>
Thu 8/8	<ul style="list-style-type: none"> <li>o <b>10am Mass (St Mary of the Cross MacKillop) - school children to attend</b></li> <li>o 10.30am Friendship &amp; Craft Group in Quiet Room</li> <li>o 2pm St Vincent de Paul Meeting in Quiet Room</li> </ul>
Fri 9/8	

### Date Claimers

11<sup>th</sup> August - 2<sup>nd</sup> Workshop - Sacrament of Reconciliation  
 15<sup>th</sup> August - The Assumption of the Blessed Virgin Mary  
 17<sup>th</sup>/18<sup>th</sup> August - Flick and Tick  
 24<sup>th</sup>/25<sup>th</sup> August - Social Justice Sunday

### Thank you..

Thank you to all those who attended the Peter Kearney concert last Saturday afternoon and a special thanks to those who provided the lovely meals of soup, bread and slices. Peter entertained with his prayerful and inspirational music and stories about his life.



## Liturgy Part 1

### Aged Care Facilities

BUPA Glenvale, Glenvale Villas and Village Court Gardens are aged care facilities situated in our parish and members of our community visit, prepare and provide Liturgy of the Word or Holy Communion on a regular basis linking the residents to the wider faith community. They also arrange for the residents to receive the Sacrament of Anointing twice a year.

### Children's Liturgy Assistant

This person acts as a support for the Children's Liturgy leader and the children. No experience or active participation is necessary however you must hold a current Blue Card (the Parish Office can support you with this) and be familiar with the Diocesan Safeguarding Policies.

### Children's Liturgy Leaders

Children's Liturgy is held on Sunday mornings during school terms at the 9.30am Mass and is designed for children between Prep and Year 4. The aim is to gather the children in a separate space to celebrate Liturgy in a way that is more appropriate to their level of understanding and enable the children to take a more conscious and active part in the liturgical celebration. Activities include hearing the scripture and celebrating it through craft, drawing, drama and song. A current Blue Card or exemption card is necessary.

Time	Altar Servers	Welcomers	Commentary	Ministers of the Word	Offertory Procession	Extraordinary Ministers	I pad Operator	Piety Stall
10 <sup>th</sup> Aug at 6pm	E Ward L Ward A Mendoza	M & D Greer	B Witham P Kelly	R Jayawardhana J Wilson	M & M Quinn	H. J Kelly W. S Kelly W. E Castles	Soriano Family	J Wells
11 <sup>th</sup> Aug at 9.30am	L Anderson S Dias	Anderson Family	C Hudson	C Anderson J Bonell		H. C Hudson W. C Anderson W. M McLean	J Anderson	C Watson
11 <sup>th</sup> Aug at 5.30pm		K Langdale S Whitelegg	V O'Connell	Desley Salty J Beutel	K Langdale A Bishop	H. J Johnston W. M Whitelegg W. R Johnston	Daniel Salty	M Stark

## St Saviour's College Toowoomba:

### Principal's Tour – 15<sup>th</sup> August at 3.30pm

Join Principal, Mrs Jessica Wade, and tour our wonderful campus. Experience what it is like to be a Mercy Girl while meeting our young dynamic leadership team and meet new friends along the tour. Discover what it is like to be part of our St Saviour's College community. To register, please go to [www.ssctwb.catholic.edu.au](http://www.ssctwb.catholic.edu.au)

### A Night at the Races – 31<sup>st</sup> August at 5pm

St Saviour's College Past Pupils Celebration of A Night at the Races will be held at the Toowoomba Turf Club. The evening will be preceded by a Champagne and Memories College Tour at 3pm at St Saviour's College on Neil Street. Gather your friends for an unforgettable night of excitement, elegance and camaraderie. Tickets are \$49 and include nibbles and starters throughout the evening and entertainment by musician Bart Thrupp. We will be celebrating the reunion years of 1974, 1984, 1994, 2004 & 2014. Book now at [www.trybooking.com/CRANJ](http://www.trybooking.com/CRANJ) for the race night and RSVP to College Tour by emailing [marketing@ssc.qld.edu.au](mailto:marketing@ssc.qld.edu.au)

### Vocations Awareness Week

This year, National Vocations Awareness Week is being celebrated from 4 – 11 August 2024. During this week, you are invited to pray about how God is calling you to live out your vocation more deeply. We pray for more generous vocations to the priesthood and consecrated life for the Church in Australia. In the spirit of fostering vocations, we can turn to the words of Pope John Paul II, who offered a heartfelt prayer that remains relevant today:

*"Lord Jesus,  
as You once called the first disciples to make them fishers of men, let Your sweet invitation continue to resound: Come, follow Me! Give young men and women the grace of responding quickly to Your voice. Support our bishops, priests, and consecrated people in their apostolic work. Give perseverance to our seminarians and to all those who are fulfilling the ideal of a life totally devoted to Your service. Awaken in our communities a missionary zeal. Send, Lord, workers into Your fields and do not let mankind be lost because of a lack of pastors, missionaries, and people dedicated to the cause of the Gospel."  
Amen.*

### Holy Spirit Seminary Appeal

Holy Spirit Seminary is an essential institution for nurturing the spiritual and pastoral leaders of tomorrow. Here our future priests receive their formation, deepening their understanding of the Scriptures, theology and pastoral care, and preparing to dedicate their lives to serving our communities.

By supporting this appeal, you are contributing to the development of well-prepared, compassionate leaders who will guide our parishes. Your support, whether through a financial contribution or through prayer for vocations to the priesthood, is invaluable. Let us nurture the seeds of faith and vocation, ensuring that our seminary continues to be a place where future priests grow in wisdom, holiness and service.

Donations can be made [here](#), using the envelopes provided at the front of the church, by phoning 07 3324 3200 or by sending your gift via cheque or money order to: Catholic Foundation, GPO Box 282, Brisbane QLD 4001. Thank you for your generous support.



A newsletter from the Catholic Diocese of Toowoomba for clergy, parishes, schools, staff and the wider community.

### THE ANCIENT FOURFOLD JOURNEY- PATH ONE

Date: Wednesdays starting 7/8/24 (see flyer for dates)

Time: 9:45am for 10:00am start, finish approx 12:00pm

Where: Sychar, 69 Margaret St Tmbe

Five Sessions drawing inspiration from A. Shaia's book "Heart and Mind: The Four-Gospel Journey for Radical Transformation". Co-facilitated by Elaine Morzone and Moyalia Tokmak. (Note this is a change of date when originally advertised.)

[See flyer for details.](#) [Register via TryBooking.](#)

### FUNDRAISER - ST MARY'S SCHOOL WARWICK

Be part of St Mary's history! As the school celebrates 150 years of the arrival of the Sisters of Mercy you have a chance to be cemented permanently into the school. Make a \$50 donation for your name to appear on a paver which will be installed in front of the library. [Download flyer to find out more and how to make your donation.](#)

### PASTORAL CARE 30 YEARS

Darling Downs Pastoral Care is celebrating 30 years of dedicated service. If you have been involved with Pastoral Care in the last 30 years you are invited to celebrate on Sunday 18 August 2024 at 2pm, Place of Prayer, then Staff Cafeteria, Toowoomba Hospital. Please RSVP: [ddh-thpastoralcare@health.qld.gov.au](mailto:ddh-thpastoralcare@health.qld.gov.au)

### ADVERTISING IN HORIZONS

Are you a business owner or know a business that would be interested in advertising in Horizons? Advertising in Horizons helps the diocese with production costs. [Please contact the editor to find out more.](#) Also schools, don't forget the special rate for advertising in Horizons for the next four issues (this will take you through to mid-2025). [Please contact the editor to find out more.](#)

### ICYMI: COMPANION GUIDE

Australia's Catholic bishops have released a new document to guide priests, chaplains and pastoral workers who are asked to provide pastoral support to Catholics who are considering accessing the Voluntary Assisted Dying (VAD) scheme. The *Companion Guide* has been written as a tool to help Catholics reflect and learn from *To Witness and to Accompany with Christian Hope*, a document endorsed by the bishops in November 2023. *To Witness and to Accompany with Christian Hope* was produced in the wake of the Voluntary Assisted Dying legalisation in all Australian states. [Read more here.](#)

### Prison Chaplains Needed

Prison chaplains are needed to service the new Lockyer Valley Correctional Centre near Gatton, which is due to open in early 2025 and will accommodate 1500 men. Committed Catholic men and women are invited to consider volunteering to assist in this vital pastoral work for four hours on a weekly basis. Chaplains are trained on-site by experienced prison chaplains. In this role, you will be registered as a volunteer with Centacare in the Archdiocese of Brisbane and will require, or be able to acquire, a Blue Card, police check and complete relevant Safeguarding Training. If you are interested in joining the Chaplaincy Team, please contact any of the following people for further information:

Josephine Nolan, Chaplain at Southern Qld Correctional Centre Ph: 0421 270 461

Judy Norris, Director Pastoral Ministries, Centacare Brisbane P: 07 3324 3193

Deacon Russ Nelson, Prison Chaplain, Brisbane Ph 0427 743 534